SLOW COOKER BROCCOLI EGG CASSEROLE

Ingredients

Cooking spray

1 head broccoli, cut into small florets (3 ½ to 4 cups)

1 red bell pepper, seeded and cut into medium dice

1 ½ cups grated Cheddar cheese

3 green onions, thinly sliced

12 large eggs

1 cup half-and-half

½ tsp kosher salt

1/4 tsp black pepper

Directions

- 1. Generously coat the inside of a 6-quart slow cooker with cooking spray.
- 2. Add half of the broccoli, half of the bell pepper, half of the Cheddar, and half of the green onions to the slow cooker. Repeat the layers once more.
- 3. In a large pitcher or bowl, combine the eggs, half-and-half, salt, and pepper and whisk until light and fluffy, about one minute.
- 4. Pour the egg mixture over the top of the layered crockpot ingredients.
- 5. Cover and cook on low for $3\frac{1}{2}$ to 4 hours, until golden around the edges and just barely set in the center.

Source: The Pioneer Woman Cooks: The New Frontier (Drummond)