

BROCCOLI SALAD

Ingredients

Dressing:

3 Tbsp rice vinegar
1/4 cup olive oil
3 Tbsp vegan mayo
2 Tbsp raw organic honey
Sea salt
Freshly ground pepper

Salad:

3 large organic broccoli crowns,
washed and chopped
1/2 cup diced organic red onion
6 slices uncured bacon,
chopped and cooked crisp
3/4 cup sunflower seed kernels,
roasted, salted
1 8-oz can sliced water chestnuts
3/4 cup organic raisins

Directions

1. To make the dressing, combine all ingredients in a container with a tight-fitting lid and shake well until fully combined. You can also blend in a blender or Bullet food blender. Set aside.
2. Combine salad ingredients in a large bowl; top with dressing and stir to coat.

Serves 20

Source: *The Healthy Gluten-Free Life* (Credicott)