

CREAMY RICOTTA BASIL SPREAD



Ingredients

1 cup ricotta cheese, preferably whole milk 1/4 cup cream cheese, preferably Neufchatel

1 garlic clove, minced

2 tablespoons grated Parmesan cheese

Dash of salt

3 tablespoons minced fresh basil, plus extra for garnish

Directions

- Combine all the ingredients except the basil in a food processor and process until smooth.
- 2. Scrape into a bowl and stir in the basil by hand.
- 3. Cover and chill at least 1 hour for the flavors to meld.
- 4. Serve with basil sprinkled on top

Tip: If you don't have any fresh basil, substitute 3/4 teaspoon dried and 2 tablespoons minced fresh parsley

This spread will keep up to 3 days if well wrapped and refrigerated.

Makes 11/4 cups

Source: Vegetarian Classics (Lemlin)