

Ingredients

½ cup chopped onion 2 stalks celery, chopped 1 carrot, diced ¼ cup butter 1½ Tbsp all-purp flour 1½ tsp curry powder

4 cups chicken broth

½ apple, cored and chopped
¼ cup white rice
1 skinless, boneless chicken breast half, cut into cubes
1 pinch dried thyme
Salt and black pepper, to taste
½ cup heavy cream, heated

Directions

- 1. Melt butter in a large soup pot over medium heat. Add onions, celery, and carrot and saute until soft, 5 to 7 minutes. Add flour and curry, and cook 5 more minutes, stirring frequently.
- 2. Add chicken broth, mix well, and bring to a boil. Reduce heat and simmer for about 30 minutes. Add apple, rice, chicken, thyme, salt, and pepper. Simmer until rice is tender, 15 to 20 minutes.
- 3. Just before serving, stir in hot cream.

Source: personal